

Rise of The Divine Feminine Podcast Season 5 Episode 2 With Obatala



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Rise of the Divine Feminine – Season 5, Episode 2

Guest: Obatala

Host: Goddess Queen Jamila Assata-Ossad

Theme: Black women finding peace through travel, trauma recovery, and sovereign systems

TIMESTAMPED TRANSCRIPT + ADVISORY NOTES

00:04:00 – 00:10:00

"These are the ways that I care for myself, and so I just extend that love that I give to myself to others."

Healing Modality – Ancestral Hospitality as Care

- Personal hygiene and domestic care (washing dishes, cooking, offering

footbaths) as ritual tools for connection and cultural continuity while traveling

- Applied Ethnography: Travel used as relational alchemy
- Recommended Modality: Integrate daily acts of service into travel as spiritual maintenance

Sources for further exploration:

You Look Like Something Blooming: A Memoir of Divination Seeds to Cultivate Your Feminine Garden Temple by [India Ame'ye](#)

00:17:00 – 00:30:00

"They put me in a prison cell because essentially I'm an immigrant, so I'm in immigration prison."

Sovereign Travel Advisory – Detainment + Non-Citizen Status

- Navigating immigration enforcement without state ID/passport
- Risk of racial profiling and false national identification (e.g., being assumed Haitian)
- Importance of sovereign identification documentation (tribal ID, do-not-detain letters, alternate nationality claims)

Legal Definitions:

- **Immigrant:** A person who comes to a country to take up permanent residence there. (*Black's Law Dictionary, 4th ed.*)
- **Detention:** The act of keeping back or withholding, either accidentally or by design. (*Black's Law Dictionary, 5th ed.*)

Recommended Tools:

- National ID correction packages
- Tribal nation travel documents
- Alternative passport strategies via lawful assemblies

Sources for further research:

Can't Touch This: Diplomatic Immunity As A Foreign National (Million Dollars Worth Of Game)

<https://a.co/d/7zYchPh>

00:30:00 – 00:38:00

"Your body stays arrested in the timeline of trauma until love brings you back."

Somatic + Psychospiritual Healing

- Womb water massage (aquatic rebirthing)

- Light and crystal bed therapy with The Chakra Bar
- Jungle-based detox (Temezcal and sacred plant medicine) with Claudia
- Healing through community-funded excursions and collective joy with Exclusive Excursions

Healing Practitioners Mentioned:

- Sister Kim (Crystal bed, Amethyst mat sessions in Mexico) https://www.instagram.com/the_chakra_bar/
- Sacred Sisters offering womb rebirth ceremonies <https://www.femininefrequency.org/>

Recommended Modalities:

- Somatic therapy and vibrational energy medicine
- Birth canal trauma recovery

Sources for further research:

van der Kolk, B. (2015). *The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma*. Penguin.

00:38:00 – 00:50:00

"I need to make sure that my trust owns my birth certificate... my life insurance is conveyed to my legacy insurance trust..."

Trust Law + Estate Planning

- Importance of creating an irrevocable trust for life insurance, body repatriation, and IP protection
- Separation of estate from person through birth certificate authentication and UCC filings

Legal Definitions:

- **Trust:** A right of property, real or personal, held by one party for the benefit of another. (*Black's Law Dictionary, 4th ed.*)
- **Estate:** The interest which any one has in lands or other effects. (*Black's Law Dictionary, 4th ed.*)

Recommended Filings:

- Long-form birth certificate authentication
- UCC-1 Financing Statement
- Affidavit of Truth
- Security Agreement

Sources for further research:

Johnson, H. (2017). *The Art of Sovereign Trust Creation*. Freeborn Publishing.

00:50:00 – 01:03:00

"If you don't claim your estate... you and your assets are owned by your country."

Asset Protection + Sovereign Insurance Matrix

- Life insurance: Indexed Universal Life (IUL), Term Life, Accidental Death
- Business & Equipment Insurance: for creators, travelers, and media producers
- Intellectual Property Protection: Copyright, Trademark, Patent
- Trust-based asset protection (IP, land, instruments)

Legal Definitions:

- **Copyright:** The exclusive right of the owner to reproduce and distribute original works. (*Black's Law Dictionary, 5th ed.*)
- **Trademark:** A symbol, word, or phrase used to identify and distinguish goods. (*Black's Law Dictionary, 5th ed.*)
- **Patent:** A grant of property right to the inventor. (*Black's Law Dictionary, 5th ed.*)
- **Lien:** A legal right or interest that a creditor has in another's property. (*Black's Law Dictionary, 5th ed.*)

Recommended Practices:

- File IP protections with USPTO and Library of Congress
- Secure gear through MusicPro or Thimble Insurance
- Assign all assets to irrevocable trust

Sources for further research:

USPTO. (n.d.). *Protecting your intellectual property rights*. <https://www.uspto.gov/>
Library of Congress. (n.d.). *Copyright Office*. <https://www.copyright.gov/>